



# MOSAIC

## CONNECTING

### Community Building

- Catch up on the week while people arrive
- If someone is new - Introduce anyone new and the group to them.

### Worship & Prayer

- What things energise you?
- What saps your energy?

### Checking In

- Report back on next steps that you committed to take from the last life group meeting. (This is follow up from the section below "Taking a Next Step")

## OPENING GOD'S WORD

### Getting Focused

- God has created you so he knows your capabilities and your limits. However sometimes we try to live beyond our natural limits either out of arrogance and independence or foolishness, or seeking to prove something or keep up with others or anxieties about being good enough. The list of reason could go on.
- What is one way you have tried to live beyond your God given abilities and limits?

### Going Deeper

#### Read Isaiah 40:27-31

1. What stands out for you in this passage about who God is?
2. What does it say about us as human beings?

Kynan referred to the natural energy rhythms God created us with.

3. How well do you work with your natural body rhythms?
4. Implied in this passage is that our life should be lived in partnership with God. There are things only we can do and things that only God can do. While we have limits God does not. And following God's purposes always leads us into the best life experience. Therefore how can having God as a life partner affect your life output?

### Taking a Next Step / Growing your Influence

1. Do you need to reconsider your daily or weekly routine so you can live with a better life and energy balance and so be a better steward of this life God has given you?
2. Is there one aspect of life where you need to partner better with God so that you let God do what only he can do so that you do what only you can do?

## IN IT TOGETHER

### Prayer

- Pray for each other's next step
- Pray for who's on your heart

### Looking Ahead

- Who can you invite next time? Is there any planning for your groups' missional activity?

## HVUC LIFE GROUPS

Who's on your heart? Open & Inviting Multiplication Built on Jesus Acting on the Word Taking next steps Stronger & Closer